

YOUTH THRIVE™

PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING

ALASKA

INCREASE PROTECTIVE & PROMOTIVE FACTORS

- Social connections
- Knowledge of adolescent development
- Concrete support in times of need
- Cognitive and social-emotional competence
- Youth resilience



DYNAMIC OUTCOMES HEALTHY DEVELOPMENT & WELL-BEING FOR YOUTH

- Physically and emotionally healthy
- Hopeful, optimistic, compassionate, curious
- Ability to form and sustain caring, committed relationships
- Success in school and workplace
- Service to community or society

REDUCE RISK FACTORS

- Psychological stressors
- Inadequate or negative relationships with family members, adults outside youth's family and peers
- Insufficient or inadequate opportunities for positive growth and development
- Unsafe, unstable, inequitable environments

The Office of Youth Empowerment is offering a 2 day training on the Youth Thrive Framework. The training is designed to give youth, child welfare and other community based, youth serving agencies the tools to promote positive youth development.

Contact us to book a training: (907) 786-6732