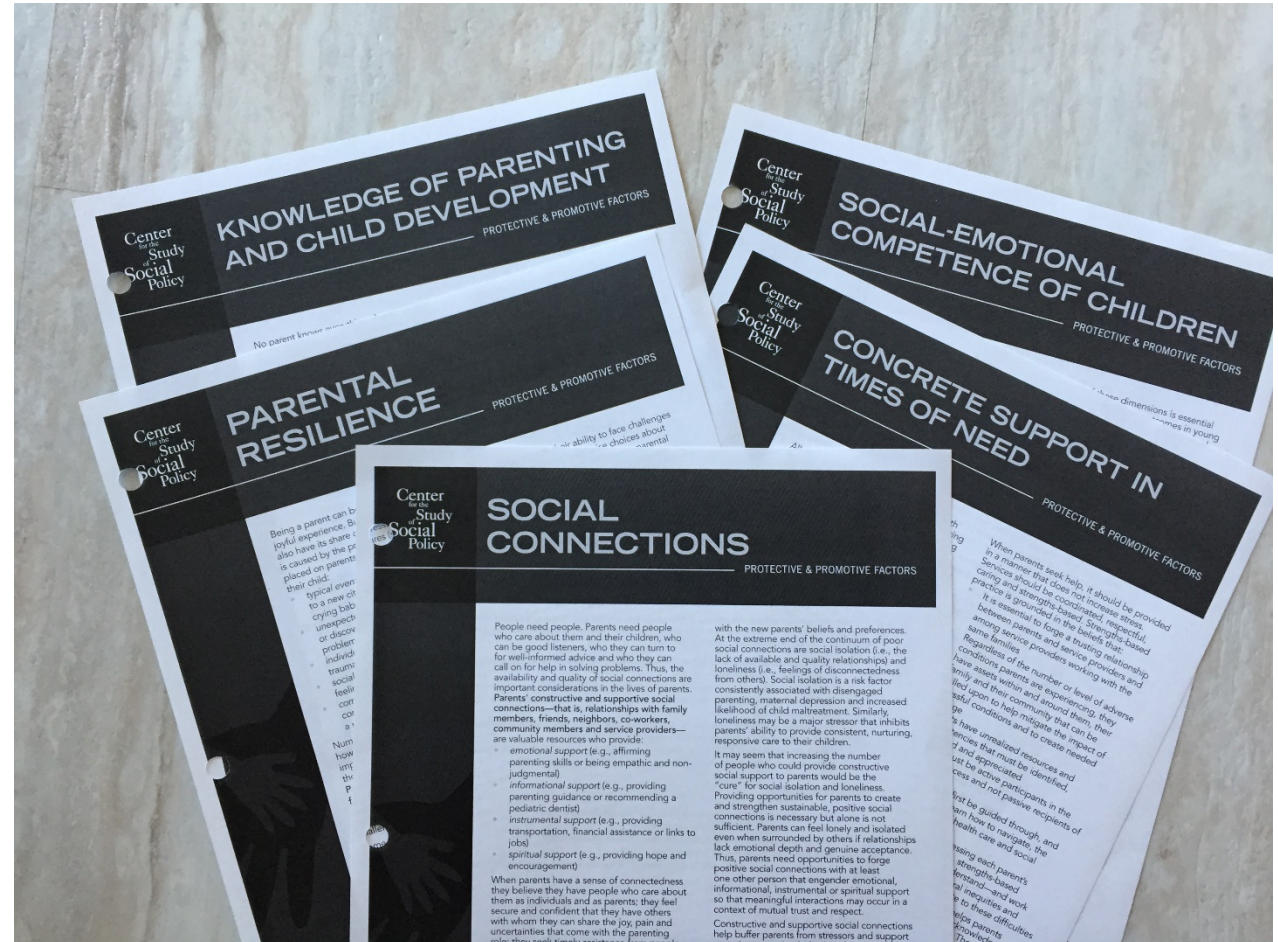


# Protective Factors Action Sheets

- ✓ Your role
- ✓ Questions to ask
- ✓ What to look for
- ✓ Activities to do with parents



# New Resources!

- Parent Brochure
- New Posters
- A2P2 Toolkit

## Strong Families



strengthening families  
A PROTECTIVE FACTORS FOUNDATION



### WHAT DO strong families LOOK LIKE?

Strong families work together, respect each other, provide encouragement, help others, watch over each other, laugh together, are good role models and make healthy choices.

To strengthen families in Alaska, everyone needs to help families have:

- Social Connections**  
Positive friends, family, community who provide emotional support and assistance
- Knowledge of Parenting and Child Development**  
Information about raising children and what they can do at different ages
- Concrete supports in times of need**  
Access to food, housing, health services, education counseling and other needed services
- Parental resilience**  
The ability to cope and bounce back from challenges
- Social and emotional competence of children**  
Children feel love, a sense of belonging and can get along with others

A group of people, including an older woman in a purple jacket and a younger woman in a white jacket, are standing outdoors in winter clothing. They appear to be in a park or outdoor setting.

strengthening families  
A PROTECTIVE FACTORS FOUNDATION  
For more information see ccpp.org  
Strengthening Families Alaska

## STRENGTHENING FAMILIES ALASKA

TOOLKIT FOR PRIMARY CARE PROVIDERS

2016