

DIVISION OF JUVENILE JUSTICE KENAI PENINSULA YOUTH FACILITY	KPYF Policy Number I-203KPYF October 17, 2017
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I. POLICY:

The Kenai Peninsula Youth Facility (KPYF) is committed to providing an environment that promotes and protects children's health, well-being, and ability to learn by supporting healthy eating and physical activity. To the maximum extent practicable, the facility will participate in available federal school meal programs (including the School Breakfast Program, National School Lunch Program [including after-school snacks]. The KPYPF school staff and facility staff will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity, and will establish linkages between health education and school meal programs, and with related community services.

II. RESPONSIBILITY:

The Superintendent, or designee, will be responsible for implementation of this policy.

III. DEFINITIONS AND COMMONLY USED ACRONYMS:

A. Definitions

Food Service Management Company (FSMC) means a commercial enterprise or a nonprofit organization that is or may be contracted with by the SFA to manage any aspect of the school food service (This refers the KPYPF food service “contractor”).
School Food Authorities (SFAs) means the governing body which is responsible for the administration of one or more schools, and has legal authority to operate the National School Lunch Program or School Breakfast Program therein *or* be otherwise approved by FNS to operate the program. The school system superintendent is typically the person authorized by the governing body to sign legal documents for the SFA (SFA refers to KPYPF).

Residential Child Care Institution (RCCI) Any distinct part of a public or nonprofit private institution that:

- Maintains children in residence;
- Operates principally for the care of children; and
- If private, is licensed by the State or local government to provide residential child care services under the appropriate licensing code. The definitions of “School” and “Child” in 7 CFR 210.2, 215.2 and 220.2, outline the requirements for eligible Residential Child Care Institutions and eligible residents. (KPYF is an RCCI)

B. Commonly Used Acronyms

AR Administrative Review
AKCNP Alaska Child Nutrition Programs
CNP Child Nutrition Programs
DEED Alaska Department of Education and Early Development
FNS Food and Nutrition Service, USDA
FSMC Food Service Management Company
NSLP National School Lunch Program
OVS Offer versus Serve

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RA Recipient Agency (a recipients of USDA Foods, may be a school or child care)
RCCI Residential Child Care Institution
RFP Request for Proposal
SA State Agency
SBP School Breakfast Program
SFA School Food Authority
SNP School Nutrition Programs

IV. PROCEDURE:

- A. KPYPF will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing nutrition and physical activity policies.

All residents will have opportunities, support, and encouragement to be physically active on a regular basis.

Foods and beverages or served at the facility will meet the nutrition recommendations of the *U.S. Dietary Guidelines for Americans*.

Qualified child nutrition professionals will provide students with access to a variety of nutritious and appealing foods that meet the health and nutrition needs of students; will accommodate the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.

- B. Facility Health Council

KPYF will create a health council to develop, implement, monitor, review, and, as necessary, revise school nutrition and physical activity policies. This Council should consist of representatives from KPYPF School, KPYPF nursing staff, KPYPF Food service coordinator, KPYPF detention staff, KPYPF Superintendent and chosen residents.

- C. Nutrition:

Meals served through the National School Lunch and Breakfast Programs will:

- be appealing and attractive to children;
- be served in clean and pleasant settings;
- meet, at a minimum, nutrition requirements established by local, state, and federal statutes and regulations;
- offer a variety of fruits and vegetables;

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The facility will not use foods or beverages, especially those that do not meet the nutrition standards for foods and beverages as rewards for academic performance or good behavior, and will not withhold food or beverages (including food served through school meals) as a punishment.

KPYF will encourage any school sponsored events and programs held outside of the school day to be supportive of the Wellness Policy.

D. Participation:

- **Breakfast:**
- KPYPF will operate the School Breakfast Program. All residents will be served a breakfast according to USDA Guidelines.
- **Lunch:**
- KPYPF will participate in the NSLP and Afterschool snack program
- All residents will be allowed an appropriate time for meal periods
- KPYPF will provide students access to hand washing or hand sanitizing before they eat meals or snacks.
- **Snacks.** Snacks served during the school day or in after-school care or enrichment programs will make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snacks and water as the primary beverage. Schools will assess if and when to offer snacks based on timing of school meals, children's nutritional needs, children's ages, and other considerations. The facility will disseminate a list of healthful snack items to facility staff, teachers, food service contract staff, and parents.
- **Sharing of Foods and Beverages.** Schools should discourage students from sharing their foods or beverages with one another during meal or snack times, given concerns about allergies and other restrictions on some children's diets.
- **Qualifications of Food Service Staff.** Qualified nutrition professionals will administer the school meal programs. As part of the facilities responsibility to operate a food service program, we will provide continuing professional development for our food service coordinator and support staff. Staff development programs should include appropriate certification and/or training programs for child nutrition directors, nutrition managers, and food service contract staff, according to their levels of responsibility.

E. Physical Activity:

Kenai Peninsula Youth Facility will give the residents the opportunity for moderate physical activity each day during and after school. Sport activities and structured exercises will be encouraged as a way to promote physical activity. The school and facility will provide indoor and outdoor physical activities at the facility.

F. Monitoring and Policy Review:

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The superintendent or designee will ensure compliance with established nutrition and physical activity wellness policies. Food service contract staff, and the food service coordinator, will ensure compliance with nutrition policies and will report on this matter to the superintendent. In addition, the facility will report on the most recent USDA School Meals Initiative (SMI) review findings and any resulting changes. If the facility has not received a SMI review from the state agency within the past five years, the facility will request from the state agency that a SMI review be scheduled as soon as possible.

The superintendent or designee will develop a summary report every three years on compliance with the established nutrition and physical activity wellness policy. That report will be provided to the facility Citizen's Advisory Board and also distributed to all school personnel, and school administrator.

To help with improvements to the facility wellness policy, the facility will conduct a baseline assessment of the existing nutrition and physical activity environments and policies. The results of that assessment will be used to identify and prioritize needs.

Assessments will be repeated every three years to help review policy compliance, assess progress, and determine areas in need of improvement. As part of that review, the facility health council will review our nutrition and physical activity policies; provision of an environment that supports healthy eating and physical activity; and nutrition and physical education policies and program elements. The facility will, as necessary, revise the wellness policy and develop work plans to facilitate its implementation.

APPROVED BY: Steve Kiefer, Superintendent

EFFECTIVE DATE: October 17, 2017