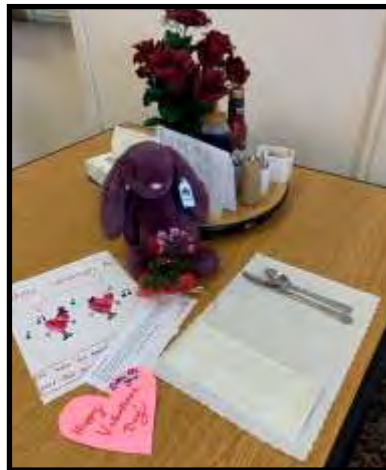
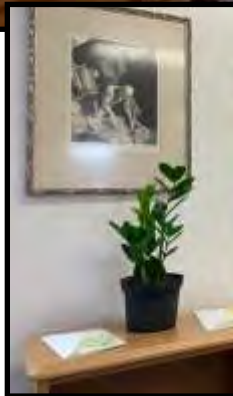
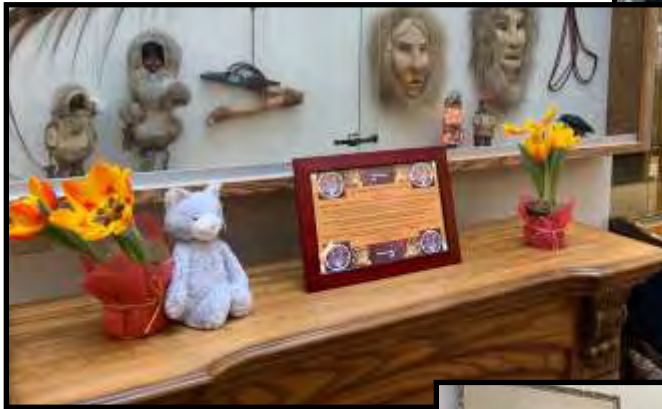


Valentine's Gifts—

Jessica Hames organized, with contributions from the 'People of Sitka', a wonderful Valentine's surprise for each resident! Thank you for the super plush stuffies, super cute live plants, suncatcher, and wonderfully heartfelt valentine cards! This includes a donation of art kits and puzzles from **Sitka True Value** for the enjoyment of each person residing at Sitka Pioneer Home. **4H, Sitka Girl Scouts, Mt. Edgecumbe Preschool, MEHS Culture class, and CLOUD teen group** each put together a batch of homemade Valentine's cards to hand out. Everyone went above and beyond to share their love this February!

Thank you!!



Birthdays Honored— Celebrating with neighborhood parties and scheduled family visits may be different, but still so special!

MaryAnn prepares to cut a cake ordered by her friend in Juneau, and Ruth enjoyed a visit from her daughter on her 97th birthday!

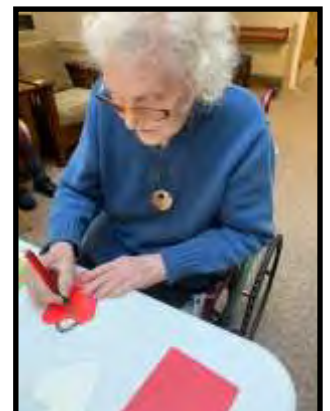


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**Happy Valentine's Day!**

Did someone say "LUAU?!" This Valentine's Day we decided to enjoy a bit of tropical flare with a Hawaiian themed lunch and a surprise hula dance by the staff and Galen even joined in!



These busy bees made dozens of Valentine's notes...this reveals a few of the 'secret' admirers of our amazing volunteers and Pioneer Home friends.



# **Upcoming Special Events**

## *Fridays at 1:30 in the Main Lounge*

**March 5**

### *Mouse Tea Party and more!*

Please join in this Tea Party, with cheesy snacks, mouse-themed facts and trivia followed by a mouse-themed movie.

**March 12**

### *St. Patrick's Horse Derby*

Get ready to bet on your favorite derby horse at our Annual St. Patrick's Horse Race! The horses will be ready to run based on participant's roll of the dice. There are obstacles along the way and it is always a spirited event!

**March 19**

### *Greg's Cooking Demo and Trivia*

Greg will prepare biscuits and gravy for a hearty and delicious snack!

**March 26**

### *Home Happenings*

The end-of-the-month introduction of new staff and residents, birthday recognition, and all-around celebration of the happenings in our lives!

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## **Social Work Month 2021—Social Workers Are Essential**

Social Work Month in March is a time to celebrate the great profession of social work. The theme for Social Work Month 2021 is **Social Workers Are Essential.**



Social workers are essential to community well-being. As practitioners, social workers are trained to help people address personal and systemic barriers to optimal living. They are employed to effect positive change with individuals, families, groups and entire communities.

During Social Work Month take time to learn more about the many positive contributions of the profession and celebrate all the social workers you know.





*Emma enjoys a video chat with her daughter using our iPad and Bluetooth headset. What a difference this has made for many residents!*


*Bristol, the dog, loves her Pioneer Home friends and Ron is one of her favorites.*



## **New Residents**

Alice and Francis Dundas  
Kathrine 'Kay' Dickson  
Theodore Mossburg

*Please welcome these ladies and gentlemen to Ocean View neighborhood and the Sitka Pioneers' Home!*

| SUNDAY                                                                                                                        | MONDAY                                                                                                                        | TUESDAY                                                                                                    | WEDNESDAY                                                                                                                                                                  | THURSDAY                                                                                                  | FRIDAY                                                                                                                                                  | SATURDAY                   |
|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
|                                                                                                                               | 1<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Piano Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b>  | 2<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b>  | 3<br><b>AM Visits</b><br>10:30am Church<br><b>11:00am Exercise</b><br>11:15am Gospel Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b>                            | 4<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>1:00pm Movie & Popcorn<br><b>PM Mail / Newspaper</b>  | 5<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Old Favorites<br>1:00pm<br>Tea Party<br><b>PM Mail / Newspaper</b>                          | 6                          |
| 7<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Piano Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b>  | 8<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b>                     | 9<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b>  | 10<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Gospel Music<br>1:00 Resident Meeting<br><b>1:30pm Bingo</b><br><b>PM Mail / Newspaper</b>                    | 11<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>1:00pm Movie & Popcorn<br><b>PM Mail / Newspaper</b> | 12<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Old Favorites<br>1:30pm<br>St. Patrick's<br>Horse Race<br><b>PM Mail / Newspaper</b>       | 13                         |
| 14<br><b>DAYLIGHT SAVING TIME</b><br>Begins<br><b>SPRING FORWARD!</b>                                                         | 15<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Piano Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b> | 16<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b> | 17<br><b>AM Visits</b><br>10:30am Church<br><b>11:00am Exercise</b><br>11:15am Gospel Music<br>St. Patrick's Luncheon<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b> | 18<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>1:00pm Movie & Popcorn<br><b>PM Mail / Newspaper</b> | 19<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Old Favorites<br>1:30pm Cooking Demo<br>(Biscuits and Gravy)<br><b>PM Mail / Newspaper</b> | 20<br><b>SPRING BEGINS</b> |
| 21<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Piano Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b> | 22<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Piano Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b> | 23<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b> | 24<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Gospel Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b>                                             | 25<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>1:00pm Movie & Popcorn<br><b>PM Mail / Newspaper</b> | 26<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>11:15am Old Favorites<br>1:30pm Howe Happenings<br><b>PM Mail / Newspaper</b>                      | 27                         |
| 28<br><b>FULL MOON</b>                                                                                                        | 29<br><b>SEWARD'S DAY</b><br>(Holiday)<br>11:15am Piano Music                                                                 | 30<br><b>AM Visits</b><br><b>11:00am Exercise</b><br>The Weekly "What's up?"<br><b>PM Mail / Newspaper</b> | 31<br><b>AM Visits</b><br>10:30am Church<br><b>11:00am Exercise</b><br>11:15am Gospel Music<br><b>1:00pm Bingo</b><br><b>PM Mail / Newspaper</b>                           |                        |                                                                                                                                                         |                            |
|                                                                                                                               |                                                                                                                               |                                                                                                            |                                                                                                                                                                            |                                                                                                           |                                                                                                                                                         |                            |

\*Please contact the Activities Department if you would like a copy of our calendar!\*

Note: Activities are subject to change