



The Prospector

Sitka Pioneers' Home

December 2020

Vol.42 No.11

Resident Birthdays

Bernice Stedman	12-6
Gerald McCutcheon	12-8
Martha Barker	12-9
Curtis Ledford	12-14
Joe Riederer	12-18
John Sandor	12-22
Jessie Carlson	12-28
Elmo Mills	12-31

Staff Birthdays

Salote Lavulo	12-3
Kathy Inman	12-5
Edna Nicolo	12-9
Marievic Ramil	12-10
Susie Allensworth	12-18
Saori Handy	12-25
Kimberly Edenso	12-26
Mona Allen	12-31

Happy Birthday!

Scuttlebutt:

Please welcome Steve Lee and Marlon Calastrava! Steve joins the NMS Housekeeping crew and Marlon is an on-call RN II. Please welcome them both to the SPH family!

Marievic Ramil is a new grandma! Lea's baby girl, Sofia Grace, was born weighing 5lbs 13oz on November 24, 2020. Congratulations!

Two elders have joined the Home including local gentleman, Curtis Ledford, as well as Norma Kubik of Craig. Please give them a warm welcome!



Resident Meeting *Wednesday, Nov. 18, 2020 @ 1:00pm (Main Lounge)*

Attending: Greg O, NMS manager, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Looking forward to a traditional style Thanksgiving meal. Will use some of the donated shrimp as well.

Old Business:

Oct. meeting minutes were read.

Agenda Items:

New residents: Curtis Ledford (RH), Linda and Leonard Allard (SV), Lana 'Ginger' Fortin (OV)

New staff: Steve Lee (NMS Housekeeping)

New Business:

Upcoming events: Pie Walk with pies, pumpkin soup and hot apple cider refreshments; Door Knocker Party and finger food potluck; Christmas Bazaar; Christmas Lights Drive; Neighborhood Open House(s); Christmas Party; and New Years Eve Party.

Administrator's update:

State and City COVID levels went to High Risk, so we have temporarily closed things up. Staff testing may increase. There is Wi-Fi in the Main Lounge. Barracks St. door changes include a cell phone for on-call duty and a drop box for deliveries. Any issues, let Dayna or Skye know. Staffing update: new position of CNA II will be a lead and scheduler for CNAs. There will be two new CNAs coming on as well as two new Recreation ALAs. Peter is retiring after 20 years at SPH. Purchases can be coordinated with assistance from Rec. staff.

Respectfully submitted, Skye Workman, Recreation Therapist I

Happy Thanksgiving!



Pat harvesting rose hips. Card sharks in action. Brian hanging lights.



Leonard and Ralph wear and share about their regalia at the Traditional Foods Tasting in recognition of Native American Heritage Month. Among the foods offered there was beach asparagus, herring eggs, seal oil, spruce tip and salmonberry jams, salmon chowder and dip, venison chili and stroganoff, and a variety of dried kelp.



The Pie, Soup and Cider event was a hit! This year it included a pie walk, with 22 pies which were won and distributed around the Home for the resident neighborhoods and department teams!





Elder Spotlight—Ethel Lund

-Elected ANS Grand President Emeritus

When asked in an interview recently, what it means to her to be the Grand President Emeritus, Ethel's response was 'it means a lot of hard work.'

Anyone who knows Ethel, knows she is up for the job and will do everything she can to support the future of ANS. Congratulations, Ethel, on this high honor! Please enjoy the following text about ANS and Ethel Lund provided by Paulette Moreno, ANS Grand President.

The Alaska Native Sisterhood (ANS) and Alaska Native Brotherhood (ANB) are both over 100 years old. These organizations have worked to advance conversations and action on issues such as racism, subsistence, land rights, and education. Their members support community practices and government policies that support Native issues and health. ANS has more than 20 local camps, mostly in Southeast Alaska but also in Anchorage, Seattle and Portland.

Local camps elect Grand (state) Officers at the fall convention or Grand Camp. These officers plus the ANS former Grand Presidents serve as the ANS Executive Committee which is in charge between conventions. All mourned the 2020 loss of our Grand President Emeritus Mary E. Jones who had previously served as Grand Secretary and was elected Grand President in 1984. ANS is honored to announce that Ethel Lund has been elected our new ANS Grand President Emeritus. " This honor was conferred upon her for rendering distinguished service in her leadership roles as an ANS Officer and her significant contributions to the betterment of her people throughout her life". Sister Ethel's Tlingit name is Aanwoogeex', signifying "The Raven as he walked about when creating the earth". She was born to Carl Lund of Sweden and Martha Ukas of Wrangell. Sister Ethel is an ANS Life member of Camp 70 in Juneau where she was President in the late 1960s. Ethel later served as ANS Grand Secretary and ANS Grand President.

Ethel was essential in founding Southeast Alaska Regional Health Consortium (SEARHC) and led that organization successfully from 1977 to 2000. According to Gumboot Determination, Ethel was the personification of that quality, rallying "the little old ladies from the villages" to form a health organization free from the Indian Health Service and Tlingit and Haida political upheavals. When negotiations concluded in 1985, the result was hailed as "the largest, most important transfer of responsibility from the federal government to a Native American organization in the history of the United States". SEARHC gave Ethel her first title as President Emeritus. One of her many other accomplishments was as a founder and board member of the regional Sealaska Corporation.



Chef's Choice...Pork cooked 4 ways



The cooks prepared their pork entrees with a bit of Filipino flare, including dance music that got us throwing our hands in the air with the excitement of it all! Thank you for the special menu!

Thank you!!

There are so many wonderful people involved in bringing joy to the Elders and the Home on a regular basis and we are so grateful for each and every one of you! There are several people we would like to make special note of this month:

Patty A, Mona A, Rafe Allensworth, Susie A, Dayna A, Nikki B, Shari C, Sharon C, Tom Moore, Kate R, Sharon S, Marilyn W, Trish W, and Fredi Y —baked and/or donated a total of 22 pies for the Pie Walk!

Fredi Young and Skye Workman—Pumpkin and Pecan pies for Open House

Greg Owen—Pumpkin soup for Open House

Leah and Juanita—Apple Walnut cake for Open House

SPH Auxiliary—funding for Thanksgiving table arrangement supplies

Becky—Thanksgiving table arrangements



Gail, Lori and Mark—Thanksgiving cake! So pretty!

Housekeeping team—Door Knocker Party snacks

Paulla Hardy—Giving Table gifts

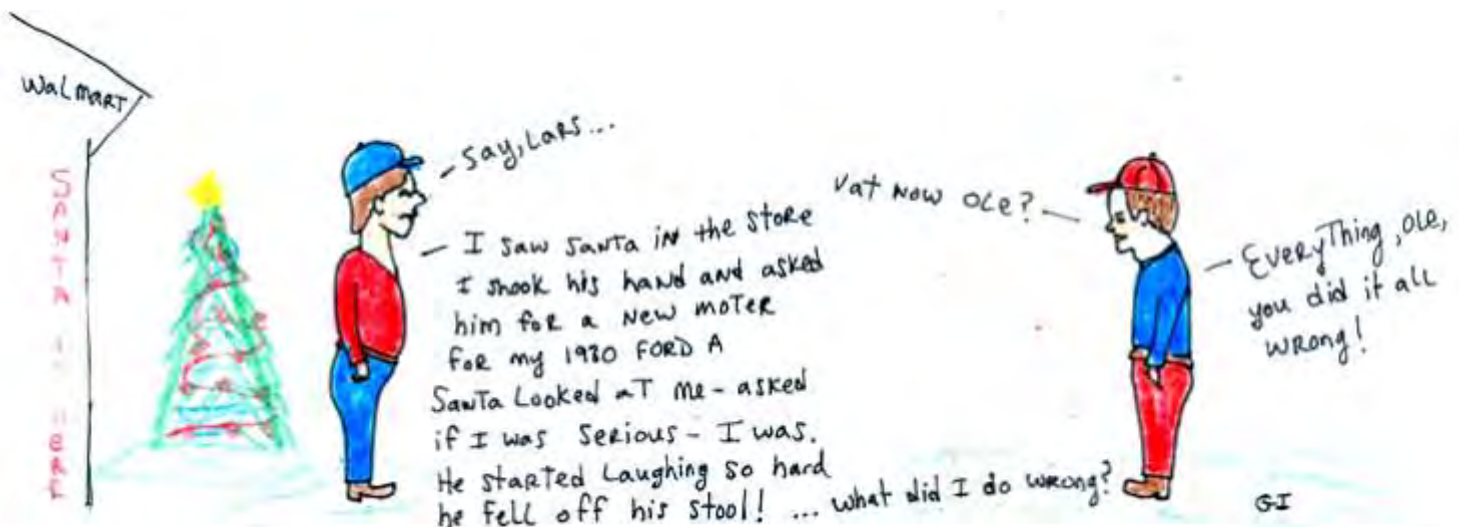
Linda Allard—has been playing the piano for us during events and it has been so wonderful. Extra thanks to you, Linda.

You are appreciated for the time, energy, and compassion you share with the Home and elders who reside here.

Happy Thanksgiving!

The Snusgood Brothers

by Galen Insteness



Neighborhood Open Houses & Christmas Decoration Contest

Each neighborhood will have the opportunity to host an open house event and participate in a Christmas decoration contest. Each neighborhood team, including elders and staff, is encouraged to put on the best showing of decorations and show the most spirit during their Open House.

Please see the Holiday Festivities Schedule Page to see when the Open Houses are scheduled.

Some decorations have been provided by the Home, but if there is a need, please let Skye know so we can work it out. Neighborhoods are encouraged to provide refreshments...Skye or Becky can assist with acquiring supplies.

There will be a prize for the neighborhood with the favorite decorations and most spirited open house event!

Halloween Costume Parade and Reverse Trick or Treat

These witches flew all over the building handing out treats and good Halloween cheer led by Head Witch, Vae Ballou!



Holiday Festivities Schedule

Wednesday, Dec. 2 @ 11:00am

Door Knocker Party

with food, friends, and *Christmas Music* by Linda

Friday, Dec. 11 @ 10:00am-3:00pm

SPH Christmas Bazaar

Neighborhood Open Houses

Monday, Dec. 14 @ 1pm & 2pm

Sunset View (3SW) @ 1:00pm

Garden Park (1SW) @ 2:00pm

Tuesday, Dec. 15 @ 1:00pm

Ocean View (2SW)

Wednesday, Dec. 16 @ 1:00pm

Northern Lights (3N)

Thursday, Dec. 17 @ 1:00pm

R House (1N)

Friday, Dec. 18 @ 1:00pm

North Star (2N)

Thursday, Dec. 24 @ 1:30pm

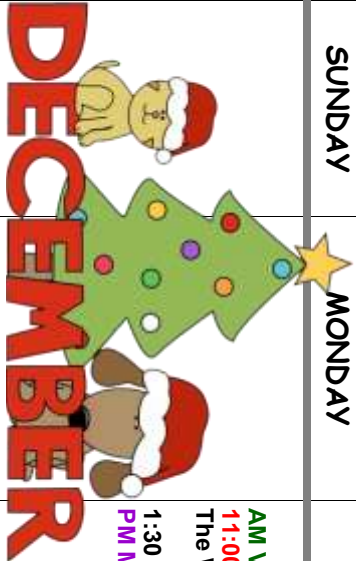


Christmas Party

Announcements, visit from Santa, refreshments and music!

Thursday, Dec. 31 @ 1:30pm

New Years Eve Party

NOTE: Events listed are in the Main Lounge unless otherwise noted.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
6	7	8	9	10	11	12
AM Visits 11:00am Exercise 11:15am Piano Music 1:00pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Piano Music 1:30pm Open House (SV & GP) PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Gospel Music 1:00 Resident Meeting 1:30pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise 1:30pm Movie & Popcorn PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Old Favorites 10:00-3:00pm Christmas Bazaar 11:00am Exercise 11:15am Christmas Carols PM Mail / Newspaper	
13	14	15	16	17	18	19
AM Visits 11:00am Exercise 11:15am Piano Music 1:00pm Bingo 1-3pm Open House (SV & GP) PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Open House (OV) 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Gospel Music 1:00pm Bingo 1-3pm Open House (NL) PM Mail / Newspaper	AM Visits 11:00am Exercise 1:30pm Movie & Popcorn 1-3pm Open House (RH) PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Old Favorites 1:30pm TBA 1-3pm Open House (NS) PM Mail / Newspaper	
20	21	22	23	24	25	26
AM Visits 11:00am Exercise 11:15am Piano Music 1:00pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Gospel Music 1:00pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise 1:30pm Movie & Popcorn PM Mail / Newspaper	 (Holiday)	
27	28	29	30	31		
AM Visits 11:00am Exercise 11:15am Piano Music 1:00pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise The Weekly "What's up?" 1:30pm Dash of Delicious PM Mail / Newspaper	AM Visits 11:00am Exercise 11:15am Gospel Music 1:00pm Bingo PM Mail / Newspaper	AM Visits 11:00am Exercise 1:30pm New Years Eve Party PM Mail / Newspaper		

Please contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change