



The Prospector

Sitka Pioneers' Home

June 2020

Vol.42 No.6



Resident Birthdays

| | |
|-----------------|------|
| Galen Insteness | 6-12 |
| Charlie Daniels | 6-14 |
| Brenda Bean | 6-16 |
| Melba Van Horn | 6-17 |

Staff Birthdays

| | |
|--------------------|------|
| Nathan Bernhardt | 6-4 |
| Kimberly Hayworth | 6-6 |
| Marc Vidad | 6-8 |
| Joanne Littlefield | 6-10 |
| Keith Gibson | 6-13 |
| Sharie Manuel | 6-23 |
| Judith Molina | 6-24 |
| Shari Carroll | 6-25 |
| Cecilia Mirasol | 6-28 |

Staff Scuttlebutt:

Gabby Kelly and Xander Lozano have resigned. We wish them the best in their new ventures!

Welcome back, Assisted Living Aide, Jill Kollerup! We are seeing her in a different light as she gets cross-trained in direct care. Nice to see her smiling face around the Home again!

Susie Allensworth is going to be a grandma! Travis and Valerie's baby is due in February 2021! Congratulations!!



Our Eden Alternative journey focus in April, May & June...

Principle Seven:

Medical Treatment should be the servant of genuine human caring, never its master.



While on a video chat call with his daughter, John accidentally captured this image and we are so glad he did. What a sweet moment of laughter they shared.

Window visits with baby Elizabeth and her mother, Jeanette, are so fun! Here we see Elizabeth pulling the phone close to say hi to Gramma Vae.



Happy birthday to Linda!
She got a chocolate frosted lemon cake! Here's to another trip around the sun!

Happy Birthday!

A note from the Administrator...

It was nice seeing everyone get out on the porch to hear our dedicated volunteer Bonnie play some songs this last week! It sure is great connecting in the sunshine with the music we love. The Sitka Pioneers' Home will continue to hunker down and restrict visitors into the building in response to COVID-19. The State is currently working on a plan to open up Long Term Care and Assisted Living Homes safely. It will likely be presented in phases similar to the general public plan. I will pass on any information I receive as soon as possible.

We are heading into the next fiscal year very fast! All residents will be receiving a letter from our Director in Central Office regarding the rate change that the legislature and Governor approved. The new rates will be going into effect July 1st.

Lastly, thank you all for your continued patience as we shuffle staff around to provide screening at our Barracks Street door. Thank you to the staff who are covering the door while still wearing their current hats. We appreciate you all!

Dayna



Check out the new display in the Main Lounge!

It's set up for summer with picnic, Father's Day, and Independence Day all incorporated.

Honoring Nurses in May

This has been a lovely tribute to all of the wonderful nurses here at the Sitka Pioneer Home. You all put your hearts and souls into your work as you care for the residents here. Thank you for all you do to keep us happy, healthy, and safe!



Charlie Daniels spots a C-17 Globemaster III as they fly over as part of an Alaskan military effort to salute and thank health care workers, first responders and other essential personnel.



SPH offers congratulations to graduates during a parade for Sitka High School graduating class of 2020.



Live entertainment at the flag pole is much appreciated. Thank you Lauren, Evan, and Bonnie!



May Day Baskets Delivered

May baskets with flowers were delivered all over the Home.

The flowers had the following pick-me-up notes on them.

“Be of brave heart”

“It’s a good day to have a good day.”

“You are loved”

“When it rains, look for the rainbow.”



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's Day

We had lots of very special Mother's Day moments and special deliveries. Photos were handed out and received joyfully. Here are a few proud moms...



Celebrate Nursing Assistants' Week June 18-25, 2020

Nursing Assistants: Kindness in Action!

This is a wonderful opportunity to recognize
the hard work of our awesome CNAs.

Take a moment to thank a Nursing Assistant this June!

Thank you!!

Food, beverages and snacks:

- Greg and the kitchen crew put together a nice cart with mock-aritas, chips, and homemade salsa for Cinco De Mayo. Thank you!
- Skye made brownies and root beer floats for porch gatherings. They were so yummy!
 - A local Girl Scout troop donated boxes of cookies!

Entertainment and community connection:

Lauren Wild and Evan Love played fiddle and guitar from the flag pole
Bonnie Cottrell played a keyboard at the flag pole

Homemade fabric masks:

Kathryn Snelling and Becky Tremain

The Snusgood Brothers

by Galen Insteness



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------|--|--|---|--|---|------------------------------|
| | 1 AM Visits PM Mail / Newspaper | 2 AM Visits 11:00am Exercise 1:00pm Bingo PM Mail / Newspaper | 3 AM Visits 11:00am Exercise The Weekly "What's up?" 1:00pm Bingo PM Mail / Newspaper | 4 AM Visits 1:00pm Movie & Popcorn PM Mail / Newspaper | 5 FULL MOON AM Visits Porch Access -TBA PM Mail / Newspaper | 6 D-DAY |
| | 7 AM Visits PM Mail / Newspaper | 8 AM Visits 11:00am Exercise 1:00pm Bingo PM Mail / Newspaper | 9 AM Visits 11:00am Exercise The Weekly "What's up?" 1:00pm Bingo PM Mail / Newspaper | 10 AM Visits 1:00pm Movie & Popcorn PM Mail / Newspaper | 11 AM Visits Porch Access -TBA PM Mail / Newspaper | 12 AM Visits |
| | 15 AM Visits | 16 AM Visits 11:00am Exercise 1:00pm Bingo PM Mail / Newspaper | 17 AM Visits 11:00am Exercise The Weekly "What's up?" 1:00pm Bingo PM Mail / Newspaper | 18 AM Visits 1:00pm Movie & Popcorn PM Mail / Newspaper | 19 AM Visits Porch Access -TBA Father's Day Deliveries PM Mail / Newspaper | 20 First Day of Summer |
| 21 Happy Father's Day! | 22 AM Visits PM Mail / Newspaper | 23 AM Visits 11:00am Exercise 1:00pm Bingo PM Mail / Newspaper | 24 AM Visits 11:00am Exercise The Weekly "What's up?" 1:00pm Bingo PM Mail / Newspaper | 25 AM Visits 1:00pm Movie & Popcorn PM Mail / Newspaper | 26 AM Visits Porch Access -TBA PM Mail / Newspaper | 27 |
| 28 AM Visits | 29 AM Visits 11:00am Exercise 1:00pm Bingo PM Mail / Newspaper | 30 | <h1>June 2020</h1> <p>Nail Care (by appointment) FaceTime Calls (by appointment) Additional Porch Access (TBA) All groups are limited to 9 participants and keep social distancing of 6 feet. Recreation Contact: Skye 747-2103 Skye.workman@alaska.gov</p> | | | |
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Please contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change