



The Prospector

Sitka Pioneers' Home

March 2020

Vol.42 No.3

Resident Birthdays

<i>Patricia Williams</i>	3-5
<i>Iris Carter</i>	3-14
<i>Jan Nelson</i>	3-22

Staff Birthdays

<i>Peter Kennedy</i>	3-1
<i>Joseph Partido</i>	3-3
<i>Charlotte Candelaria</i>	3-4
<i>Kathy Ingallinara</i>	3-7
<i>Sombakt Zumwalt</i>	3-11
<i>Sharon Corbett</i>	3-12
<i>Guada Nilo</i>	3-13
<i>George Chappell</i>	3-19
<i>Terri Moore</i>	3-24
<i>Juanita Diego</i>	3-25
<i>Marilyn Wathen</i>	3-26

March birthdays will be recognized at Home Happenings!

Staff Scuttlebutt:

New on-call CNA, Tess Holden, has just completed her CNA certification and though we know her from her many years working in the kitchen, she has added a new hat by joining the nursing team! Tess was awarded the Florence Schutte scholarship by the SPH Auxiliary, and was so grateful to receive the funds to cover her CNA training.



Congratulations on the scholarship and welcome to this new position!

Congrats to Sharon Corbett and her husband, Jim, on their first anniversary (Feb. 24). They were also just on TV in the game show "Let's Make a Deal!" How cool is that?!

Eden Moments

Finding meaning in our daily activities and interactions is an easy task when there are so many kind people to spend time with!



Our Eden Alternative journey focus for Jan. Feb. March...

Principle Six:

*Meaningless activity corrodes the human spirit.
The opportunity to do things that we find
meaningful is essential to human health.*

The group who met in February discussed simple pleasures and what gives them meaning. We also discussed some of the scheduled activities in the Home and different ways that individuals of the group find meaning in those activities. These discussions are always such an enlightening experience.

*Melanie enjoyed a stroll over
the bridge on her birthday...*



Upcoming Meetings:

Certified Eden Associates: Friday, March 27 @ 10:00am

No Eden Gathering in March...We will do our Iditarod Relay Race instead.

Resident Spotlight!



Congratulations to Fredi Young as she gained a daughter last month when Clyde and Paquita were married on January 18, 2020.

Betty DeCicco and Shirley Anderson made the front page of the local newspaper with the "I Read Shakespeare" reading group that meets here. What fun!



February is Volunteers Month and we had a pizza party in their honor!



Things got fishy at January Home Happenings!



Valentine's Day Lunch & Dessert Potluck



Valentine Poetry

**Roses are red, violets are blue,
sugar is sweet and so are you.**

Roses are red, violets are blue,
you're so pretty, and I love you!
—Melba and Fredi

Roses are red, violets are blue,
I think you're great, and I will be
true! —Betty

Roses are red, some are yellow,
what if I ask you, to be my fellow?
—Secret Admirer

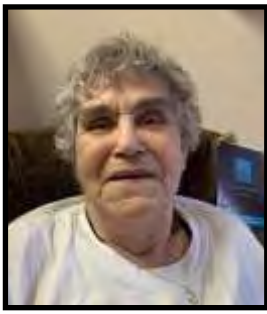
Roses are red, violets are blue,
they grow in springtime and I love
you! —Iris

Roses are red, violets are blue,
I don't know much, but I know I
love you. —George

Roses are red, violets are blue,
it's the 14th of the month, your
rent is past due!
—The Management

Roses are red, violets are blue,
I hate chopped liver, I hope you do
too! —Ron

Roses are red, violets are blue,
Lavender is purple, how do you
do? —Jennie & Iris



Welcome Verna "Jessie" Carlson

Verna "Jessie" Hamilton was born in Hydaburg, Alaska, on December 28, 1933, to Edward Hamilton and Leona Imhoff. Jessie and her five siblings grew up in Hydaburg. On March 10, 1951, Jessie married Charles A. Carlson. Jessie has five adult children: Alfred, Marilee, Terry, Cathy and Emma. Jessie has 15 grandchildren and 10 great-grandchildren. Throughout her life Jessie enjoyed her time as a fisherwoman, housewife, and a mother.

We welcome Jessie to Ocean View Neighborhood and the Sitka Pioneers' Home family!



Monthly Festive Meal "St. Patrick's" Theme Lunch on March 17, 2020

Join us for
Corned Beef & Cabbage

Note for guests:
Cost: \$15.00
Please sign up ahead.

Thank you!!



Pam and Charlene continue to keep our display cases filled with fun seasonal collections. Thank you for putting your creativity to work for us with these displays.

Mt. Edgecumbe Preschool acquired 3 wooden Marimbas for SPH residents to use. So exciting to try out this new form of music! They are being stored in the Main Lounge for easy access. Please see Skye if you have questions.

Casey and Zack performed for us while during a preschool visit this month. They are super talented and we hope they will come again soon! Thank you!

Thank you to Chuck Miller for sharing a Tlingit story with a preschool class visit recently. His storytelling is always a treat!

Something to Remember:



Daylight Savings
Spring Forward one hour
Sunday, March 8, 2020

Leap Day Craft project—"If I were a frog..."



...I'd eat all the biggest bugs!

...I would jump, jump, jump.

...I would be happy and hoppy!

...I'd hop around.

...I would be climbing on the roof!

...I would jump all over the place!



**Where is the frog's favorite place to eat?
At IHOP!**

Happy Leap Day 2020!!

Mt. Edgecumbe Preschool Art Delivery



NEW PET

Little Ann has a pet pass to visit us with Brave Heart volunteer, Sheri Powers. Be sure to get some snuggles from this little pup if you get a chance!



Let's Make a Deal!

The winning couple of the newly wed episode are seen at the forefront with SPH Nurse Manager, Sharon Corbett, and her husband, Jim, in the audience. This episode was on just about every TV in the Home when it was aired on Feb. 12!



February Fish Fry!

Rolly donated halibut and salmon for a fish fry. Here she is with Melanie preparing it for batter...



**The Sixth Annual
SPH Indoor Iditarod
Relay Race**



**Friday, March 6, 2020
@ 1:30pm
in the Main Lounge**

**Come enjoy the festivities to
kick off Alaska's biggest
annual sporting event!
We will have an Iditarod
inspired relay race with
sleds, supplies, "booties",
checkpoints, etc.**

**Be prepared to partici-
pate in this energetic
competitive event!**



**St. Patrick's Day
Horse Race**

**The annual Sitka Pioneer Home
Irish Derby will be held
*on Friday, March 13, 2020***

**The board game style race will
commence at 1:30pm
in the Main Lounge.**

**The race will operate a
little bit differently this year...**

Each neighborhood will be represented as playing pieces on the track. The track will be set up on a poster at the front of the Main Lounge. The Announcer will move the horse playing pieces around the track based on the roll of the dice. A Trainer will be responsible for asking spectators to roll the dice. The roll of the dice will determine the number of spaces the horse will move around the track.

The betting booth will be open prior to the race. Bets are 25 cents each with a limit of 2 dollars. Bets can be made for a horse to win, place, or show.

**Everyone is encouraged to dress up in
his or her most outrageous St. Patty's
attire for the big race!**

See you at the track!

**"Down on the Farm"
Annual Special Dinner
Friday, March 27, 2020**



A Barn Dance
with local musicians
at 4:00pm
in the Main Lounge

Buffet Dinner
With Pig Roast
at 5:00pm
in the Gold Miner Diner

Note for guests:
Cost: \$15.00
Please sign up ahead.

National Professional
Social Work Month

SOCIAL WORKERS
leaders. advocates. champions.

National Professional Social Work Month in March 2020 is an opportunity for social workers around the nation and world and their supporters to educate the public about the invaluable contributions of the profession.

We will take
this opportunity
to honor Sitka
Pioneers' Home
Social Services
Director,
Sharon Stitz!



Resident Meeting Wednesday, Feb. 12, 2020 @ 1:00pm (Main Lounge)

Attending: Mary Ann A, Carolyn C, Betty D, Ralph H, Jean R, John S, Bernice S, Bonnie S, Fredi Y, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Greg was unable to attend. Valentine's Day Special Lunch with dessert potluck planned; sign up sheet for guests. Special invitation for volunteers for Pizza Party on Feb. 27. Annual Dinner Theme is set as "Down on the Farm," with a pig roast on the menu.

Old Business:

GCI- Dayna recommends that those who are having issues with their cable reception call the GCI Customer Support number.

Agenda Items:

New residents: Jessie Carlson (OV)

Staffing update: Tess Holden, of NMS Kitchen crew, is now a CNA and we will soon get to see her on our own nursing team as well as in the kitchen.

The "I Read Shakespeare" group that meets at SPH made the front page of the newspaper.

New Business:

SPH Gift Shop has expanded their stock to supply select toiletries and snacks supplied from Sitka Bulk Foods.

Administrator's update:

Director, Clinton Lasley, has been appointed as acting Assistant Deputy Commissioner for DHSS. The Assistant Office Manager, Tina Concran, at Central Office has submitted her resignation. There is a public hearing on House Bill 96 which is about the rates for the Homes. Dayna shared that she keeps informed about those bills which relate to the Homes.

Respectfully submitted, Skye Workman, Recreation Therapist I

The Snusgood Brothers

by Galen Insteness



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 1:00pm Karaoke 2:30pm Classical String Trio	2 8:00am Visits 10:45am Circle Time 11:00am Exercise The Weekly "What's Up?" 1:30pm Bingo	3 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music	4 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:00pm Resident Mtg 1:30pm Bingo 5:30pm Russian/Celtic	5 8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Circle Time 1:45pm Dash of Delicious 5:30pm Golden Oldies	6 8:00am Visits 11:00am Exercise 11:15am ?? 1:30pm Idditarod Relay Race	7 9:30am Catholic Service 9:30am Sitka Strings 1:30pm Craft on Ocean View	
8 1:00pm Karaoke 2:30pm Classical String Trio	9 FULL MOON 8:00am Visits 10:45am Circle Time 11:00am Exercise The Weekly "What's Up?" 1:30pm Bingo 2:45pm Bonnie	10 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music	11 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo 5:30pm Russian/Celtic	12 8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Circle Time 1:45pm Dash of Delicious 5:30pm Golden Oldies	13 8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Horse Race	14 9:30am Catholic Service 9:30am Sitka Strings 1:30pm Ice Cream Social	
15 1:00pm Karaoke 2:30pm Classical String Trio	16 8:00am Visits 10:45am Circle Time 11:00am Exercise The Weekly "What's Up?" 1:30pm Bingo 2:45pm Bonnie	17 St. Patrick's Day 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music	18 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:30pm Bingo 5:45pm Russian/Celtic	19 Spring Begins! 8:00am Visits 9:00am Shopping 9:30am Stories 10:00 Biblical Fun 1:00pm Strong & Steady 1:30pm Dash of Delicious 5:30pm Golden Oldies	20 8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Home Happenings	21 9:30am Catholic Service 9:30am Sitka Strings 1:30pm Singspiration	
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29 1:00pm Karaoke 2:30pm Classical String Trio	30 Seward's Day (Holiday) 1:30pm Bingo 2:45pm Bonnie	31 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music					

Please contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change