



The Prospector

Sitka Pioneers' Home

January 2019 Vol.41 No.1

Resident Birthdays

<i>Deanna Price</i>	<i>1-2</i>
<i>Jack Hermlle</i>	<i>1-2</i>
<i>Susie Sturm</i>	<i>1-21</i>
<i>Sue Hottinger</i>	<i>1-25</i>
<i>Genevieve Hinch</i>	<i>1-31</i>

Staff Birthdays

<i>Carrie Calvin</i>	<i>1-3</i>
<i>Delia Estrada</i>	<i>1-4</i>
<i>Mary Soltis</i>	<i>1-14</i>
<i>Patty Ady</i>	<i>1-17</i>
<i>Xander Lozano</i>	<i>1-17</i>
<i>Katie Rouse</i>	<i>1-17</i>
<i>Jimmy Handy</i>	<i>1-18</i>
<i>Lucy Williams</i>	<i>1-24</i>
<i>Avelina Castello</i>	<i>1-28</i>
<i>David McNeese</i>	<i>1-29</i>

We will celebrate January birthdays at the Home Happenings celebration.

Scuttlebutt...

Please welcome Anna Cook! She has been hired on as a Journey I for the Environmental Services team. Anna, we are happy you're here, welcome!

Jimmy Handy has been working on becoming a Master Gardener! He is done with the course work, which was about 5-6 months of online classes, and is ready to do the 40 volunteer hours that is required. We can't wait to see him with a smile on his face and a certificate in his hand when it's all complete!



Sitka Rotary Club Christmas Party



Mrs. Claus stopped by for some singing and photos!



Christmas Party!



Nancy showed us her latest embroidered “last project.” This is her fourth “last project” and it will be displayed at Baranof Elementary School with a plaque. We can’t wait to see what her next “last project” will be...and, yes, she does have another idea forming!



These are a few of our favorite things. Like the Sound of Music song, we could list so many favorite things, but for now, we will shine the light on these amazing volunteers pictured at left. Thank you for all you do for the Sitka Pioneer Home and the residents who reside here. You, and volunteers like you, help keep this place alive with the sounds of music and laughter, and the feelings of joy and happiness.



Grace announced the Neighborhood Decorating Contest awards. Everyone put in a great effort to give the Home a very festive and homey feel! Each area has its own personality and it’s really neat to see the individual styles shine through. Thank you, everyone!



The Stocking “Stuffers” Potluck was a great success, everyone had an opportunity to get stuffed with all the delicious food that was served. Thank you to all who brought something yummy to share!

Thank you, Santa, for spending some time with us! You brought out the inner child in so many people with your visit! Thank you!



Thank you,
Environmental Services,
for the
**Annual SPH
Door Knocker
Party!**



“What was your favorite Christmas gift from childhood?”
Ice Skates. Sled. Paper dolls. Mini Tea Set. Bike. Nancy Drew books.
Betsy McCall Lunchbox Set. Coloring Books and Crayons. Barbie.
Framed print of Jesus. Diamond earrings. Bobbsey Twin book.

“What is your favorite holiday cookie?”
Russian Tea Cakes. Ranger cookies. Spritz.
Thumbprints. Gingerbread. Peanut butter.
No bake cookies. Molasses. Sugar. Potato
Chip. Crybabies. Shortbread. Various breads.

Merry Christmas to all!



1 Minute to Win it!

Tuesday Jan. 22

@ 1:30pm in the Main Lounge

Wednesday Jan. 23

@ 1:30pm in the Main Lounge

Thursday Jan. 24

@ 2:00pm in the Main Lounge

**The finalists from each game will
compete to be proclaimed
*Champion of their Event!***

**“Championship Round”
Friday Jan. 25 @ 1:30pm
In the Main Lounge**

National Activity Professionals’ Week— January 20th-26th, 2019

National Activity Professionals’ Week is sponsored by the National Association of Activity Professionals. The week was created to give honor and recognition to those dedicated individuals who contribute so significantly to residents’ quality of life.

Activity professionals work with residents and patients to create a vibrant and active daily calendar. Improving the lives of those who may be reaching the final years of their lives or may be restricted by injury or illness, activity professionals deliver interesting and fun activities that will be universally applicable. Realizing that different patients and residents have varying levels of capability, they customize the events they coordinate to be enjoyed by all involved.

Help us honor the excellence of the Activity Department throughout January!



Sitka Rotary Club Pioneer Home Christmas Party was a hit. Thank you for putting it on each year! These types of events are enjoyed and appreciated by all.

Pioneers of Alaska igloos #4 (Fairbanks), #6 (Juneau), and #22 (Sitka), each donated money for resident gifts for a combined total of \$1050! Thank you, Pioneers of Alaska!

Paula Hardy has done it again with her amazing assortment of gifts at her Gift Tables. Residents and staff enjoyed all the neat things she brought in to pick from.

Sitka Studio of Dance brought dancers to perform a couple of great pieces at the SPH Christmas Party. Thank you, Melinda, for coordinating with us to make that happen. The dancers were wonderful!

The SPH Auxiliary brought in a delicious assortment of holiday treats to serve at the Christmas Party. Thank you for your efforts year-round to keep our residents happy!

The Giving Tree, made a huge donation of gifts to the Elders of Sitka Pioneers' Home! No one was left out here and many thanks go to our amazing community of Sitka for contributing items to the Giving Tree. Thank you, Sitka! Pictured at right is a small sample of the items.

Seventh Grader, Rie Christianson, and Friends put on a concert of carols and a few other tunes with the piano, guitar and singing. Thank you for sharing your talent with us!

SFAC Brass Ensemble performed on a Sunday afternoon this month. Thank you for the music. We love it!

Terri Bartolaba, Dug Jensen, and students from the Learning Center shared the Biblical significance of some Christmas carols and sang to add to the holiday spirit. Thank you!

Mrs. Claus and Mt. Edgecumbe Preschool students made a visit to sing and share their holiday cheer. Thank you to Carolyn and the group!

Mrs. Lockwood's fourth grade class brought a program of holiday favorites to share. They even made a handwritten lyrics book with illustrations! Thank you!

Jamie, of Wileman Music Studio, brought young students for two piano recitals this month in addition to continuing to coordinate for her high school Seniors to perform here throughout the school year. Thank you!

Trish and Dirk White of Harry Race and White's Pharmacy donated calendars and Amaryllis bulbs for the Home. Thank you for thinking of us!

Thank you to the carolers from the Sitka Lutheran Church! Your singing brought the spirit of the Holidays into the Home.

Christmas Music with Flute and Friends was a very special arrangement that was so appreciated as they came in three weeks in a row this month! Thank you for adding to the variety of entertainment that we got to enjoy this season.

Thank you for the potluck treats for the Stocking 'Stuffers' meal! YUMMY!!!

Kindergarteners and first graders sang and shook their reindeer tails for us with the Reindeer Hokey Pokey! Thank you for the homemade Christmas cards and smiles too!



Scrooged... This friendly Bob likes to greet everyone with a “Boo!” and has a tendency to be a bit of a jokester. So, as you can imagine, he was pretty excited to show Santa his ‘Bob Humbug (all others will be towed)’ sign that is usually posted by his room. Bob has been waiting all year for this moment!

Puppy Action... Grace’s sons each got a puppy for Christmas and we have been enjoying their visits around the Home. Izzy and Buttercup have quickly become part of the family. Welcome, puppies!



Moving Day... Bernard, at center, moved to Juneau where he will be closer to his family. We wish him and his family all of the best, but we miss him already. Take care, dear friend.

Raven Calling... Betty continues the tradition of feeding the local ravens. This had been a great joy for Cora, and it has recently been passed along to Betty, who takes on the job with enthusiasm. The birds seem to be happy with the arrangement as well.



Baby in the House... Little Elizabeth is growing so fast! Her parents, Joel and Jeanette Warner are volunteers with Brave Heart and help out with Biblical Fun. They are often seen visiting around the Home with that little bundle of joy sharing baby loves.

Elfed... This young elf is on a mission. He is following his Advent Calendar of Kindness this December and took advantage of a moment during a class trip to the Home to spread his holiday cheer. This day’s task was to tape some money to a vending machine. Mission accomplished! He hopes the recipient enjoyed a treat!





Eden Alternative Journey

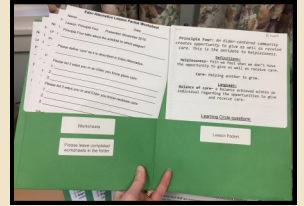
ALTERNATIVE®

Our Eden Alternative journey focus for Jan, Feb, and March...

Principle Two:

An Elder centered community commits to creating a human habitat where life revolves around close and continuing contact with plants, animals and children. It is these relationships that provide a pathway to a life worth living.

Check the green folders on each neighborhood for the Eden Lesson Packets!



Meetings:

Certified Eden Associates: Friday, Jan 26th @ 10:00am
Eden Gathering: Friday, Jan 5th @ 1:30pm

*Look to the Certified Eden Associates for support: Dayna Arnold (CEE), Skye Workman (CEE), Patty Ady, Mona Allen, Shari Carroll, Chris Davison, Betty DeCicco, Dolores Doggett, Saori Handy, Kathy Inman, Rolly Jeske, Pat Kehoe-Pendell, Jill Kollerup, Minda Manuel, Lisa Partido, Grace Roller, Katy Rouse, Sharon Stitz, Becky Tremain, Brian Weddel, & Fredi Young

DA 2 S.P.H. Meka NIKS
SIR GEORGE - SIR JOE
Les HONORABLES employed? at the Pioneer House



G.I.

Resident Meeting Minutes *Wednesday, Dec. 19th 2018 @ 1:00pm (Main Lounge)*

Attending:

Fredi Y, Galen I, Sue H, Fred H, Betty D, Jean R, Brenda B, Ruth F, Joe R, Alberta H, Dottie K, Greg O, Kitchen Manager, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Greg is out of town.

Old Business:

Art walk sales of about \$200 went toward the Resident Council account.

The SPH Bazaar went well. There was about \$1000 in sales for the Resident Council account.

Agenda Items:

Outline of upcoming events was shared.

Christmas Party will be held in the Main Lounge.

Activity Professionals week in January. Fun events are in the works.

New Business:

Décor thanks: Pam and Charlene did a wonderful job on the display cases and skylight. A team effort was put into all the neighborhoods with staff and resident participation.

Neighborhood decoration contest: Winners will be announced Friday.

An attendee recommended updating the PA system that is used for larger events.

Administrator's update:

Mail boxes have not arrived yet, but will be here soon. Dayna is looking for input from staff and residents regarding the policy and procedure related to the mail. Billing is being switched to the PCC system. Dayna extended her gratitude regarding community support toward the residents during the holidays, especially the Pioneers of Alaska and the many school and church groups that come in to spread holiday cheer around the building. There are 2 new Environmental Services recruitments in process. Please be aware that your PFD applications need to be filled out and or postmarked in state. There can be a lot of difficulty if it is filled out online and the computers' IP address is not from within the state. Stop by and chat with Sharon in Social Services if you have any questions about applying for your PFD.

Respectfully submitted, Skye Workman, Recreation Therapist I



**Sitka Studio of
Dance performers at
the Christmas Party**



Paulla shows Ruth items on the gift table.



Galen modeling his new holiday sweatshirt, a gift from his daughter.



Decorating the TV Lounge while being serenaded by Galen made Skye's day!



12 Days of Christmas Becky organized the gifts for this staff appreciation extravaganza while Mark was the master designer of the winter scene gathering spot on North Star.



Christmas Bazaar (above).



Baranof kids caroling (left).



JANUARY 2018

Happy New Year!

1

8:00am Visits
10:30am Protestant Service
11:15am Gospel Music
1:30pm Bingo: RHouse
5:30pm Russian/Celtic
6:00pm Draw / Paint

2
8:00am Visits
9:00am Shopping
9:30am Storytelling
10:00 Biblical Fun
1:00pm Strong & Steady
5:30pm Golden Oldies

3
8:00am Visits
11:00am Exercise
11:15am Old Favorites
1:30pm January Trivia

4
8:00am Visits
9:30am Catholic Service
10:00am Debby's Violin Class
1:30pm Outing/Social

6
12:45pm Piano Music

7
8:00am Visits
10:45am Circle Time
11:00am Exercise
1:30pm Bingo
2:45pm Bonnie

8
8:00am Visits
9:30am Nail Care w/Rolly
9:30am Ceramics
1:00pm Strong & Steady
1:30pm Movie & Popcorn
2:30pm Kinder Group
5:30pm Folk Music

9
8:00am Visits
10:30am Protestant Service
11:15am Gospel Music
1:30pm Resident Mtg
1:30pm Bingo: RHouse
5:30pm Russian/Celtic
6:00pm Draw / Paint

10
8:00am Visits
9:00am Shopping
9:30am Storytelling
10:00 Biblical Fun
1:00pm Strong & Steady
1:30pm Circle Time

11
8:00am Visits
11:00am Exercise
1:30pm Eden Gathering

12
9:00am Visits
9:30am Catholic Service
10:00am Debby's Violin Class
1:30pm Outing/Social

13
12:45pm Piano Music

14
8:00am Visits
10:45am Circle Time
11:00am Exercise
1:30pm Bingo

15
8:00am Visits
9:30am Nail Care w/Rolly
9:30am Ceramics
1:00pm Strong & Steady
1:30pm Movie & Popcorn
5:30pm Folk Music

16
8:00am Visits
10:30am Protestant Service
11:15am Gospel Music
1:30pm Bingo: RHouse
5:30pm Russian/Celtic
6:00pm Draw / Paint

17
8:00am Visits
9:00am Shopping
9:30am Storytelling
10:00 Biblical Fun
1:00pm Strong & Steady
1:30pm Circle Time

18
8:00am Visits
11:00am Exercise
1:30pm Neighborhood Visits

19
9:00am Visits
9:30am Catholic Service
10:00am Debby's Violin Class
1:30pm Singspiration

20
12:45pm Piano Music
National Activity Professionals' week



21
1:30pm Bingo
8:00am Visits
9:30am Nail Care w/Rolly
9:30am Ceramics
1:00pm Strong & Steady
1:30pm Movie to Win It
2:30pm Kinder Group
5:30pm Folk Music

22
8:00am Visits
10:30am Protestant Service
11:15am Gospel Music
1:30pm Resident Mtg
1:30pm Bingo: RHouse
5:30pm Russian/Celtic
6:00pm Draw / Paint

23
8:00am Visits
9:00am Shopping
9:30am Storytelling
10:00 Biblical Fun
1:00pm Strong & Steady
1:30pm Circle Time
2:00pm Movie to Win It

24
8:00am Visits
10:00am Eden Associates Meeting
11:00am Exercise
1:30pm Home Happenings (Activities)

25
9:00am Visits
9:30am Catholic Service
10:00am Debby's Violin Class
1:30pm Outing/Social

27
12:45pm Piano Music

28
8:00am Visits
10:45am Circle Time
11:00am Exercise
1:30pm Bingo
2:45pm Bonnie

29
8:00am Visits
9:30am Nail Care w/Rolly
9:30am Ceramics
1:00pm Exercise
1:30pm Movie & Popcorn
5:30pm Folk Music

30
8:00am Visits
10:30am Protestant Service
11:15am Gospel Music
1:30pm Bingo: RHouse
5:30pm Russian/Celtic
6:00pm Draw / Paint

31
8:00am Visits
9:00am Shopping
9:30am Storytelling
10:00 Biblical Fun
1:00pm Exercise
1:30pm Circle Time
5:30pm Golden Oldies

Flower:
Galanthus
Birchstone:
Garret

*Please contact the Activities Department if you would like a copy of our calendar! * Note: Activities are subject to change