



# The Prospector

Sitka Pioneers' Home

April 2018 Vol.38 No.4

## *Resident Birthdays*

*Maureen Roberts 4-4*

## *Staff Birthdays*

*Lisa Partido 4-02*

*Jeilen Antolin 4-12*

*Angie Adzuara 4-14*

*Sheila Olson 4-16*

*Glady Taccad 4-22*

*Nikki Beach 4-26*

*Maryanne Abarientos 4-27*

*Brian Weddel 4-27*

*Mary Joy Malassab 4-28*

*We will recognize residents and staff  
with April birthdays at the  
Home Happenings celebration on  
Friday, April 27th.*

## **Scuttlebutt...**

Sharie Manuel is expecting a baby boy! Father, Mark, and big brother, Markiss (age 4), along with Sharie, are so excited to meet the new little bundle of joy in the first week of June! Congratulations, Manuel family!

Please welcome Leahna Bagley as a new full-time RN II, and Nikia Valley as a new on-call CNA. We are all so glad that you have joined the Pioneer Home family!

Terri Moore will be our new Administrative Assistant. Terri is moving from Juneau with her husband, and they are both very excited for the change. We look forward to meeting her in the middle of April!



April Showers bring  
May flowers...



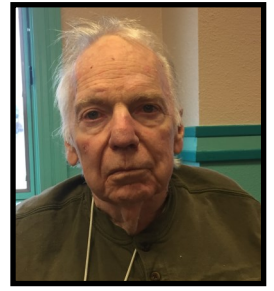
*Welcome  
Dorothy  
'Dottie'  
Olson*



Dottie was born in Faunce, Minnesota, to Everett Harris and Edith Farr on November 13, 1932. She had three siblings: Richard Harris, Bob Harris and Roger Harris, all of whom have passed on. She is a High School graduate. Dottie has six children; Larry Beebe (North Pole, AK), Mickie Soule (Beaverton, Oregon), Rocky Beebe (Willow, AK), Barbara Powell (Craig, AK), Susan Beebe (Wrangell, AK), and Brandee Olson (Sitka, AK). Dottie has 12 grandchildren and 18 great grandchildren. Dottie built and ran her own lodge in Wrangell, AK, for over 35 years. It was a huge event when her house burned down in Wrangell in 1971. She has had pets, some of them being a dog, a Scarlet Macaw, and a turtle. Dottie has travelled to Arizona, Washington, Oregon and Prince Rupert. Dottie's favorite color is blue and her favorite flower is the blue carnation.

*We welcome Dottie to R-House  
neighborhood and the Sitka  
Pioneer Home family!*

*Welcome  
Thomas  
Conley*



Tom was born to Lawrence Conley and Margaret McGinley on January 27, 1944 in Pittsburgh, PA. He has three siblings: Joseph Conley (deceased), Judith (Pittsburgh, PA), and James Conley (Florida). Tom grew up in Pittsburgh, PA, and Richmond, WA. Tom received his MD from the University of Chicago and has been a practicing physician since then. Tom and Marylyn Conley were married on June 8, 1968. They have two children - Alexander Conley of Boulder, CO, and Anya Conley here in Sitka. Tom has traveled extensively in the past, to such places as Haiti, the Soviet Union, Kenya, Philippines, Europe, Thailand, Japan, Australia, New Zealand, India, Malaysia, Hong Kong, Ireland, and Paris. Tom is a Veteran and served as a Medical Officer and General Practitioner in the Navy. Tom has served on the Alaska State Licensing Medical Board. He was "Doctor of the Year" one year in Alaska. He served on the School Board when he lived in Ketchikan, Alaska, Wyoming, and here in Sitka. Tom had his own medical practice in Ketchikan, AK, and also worked for years as a Pediatrician at SEARHC in Sitka. Tom likes bright colors. He loves sweets and likes animals.

*We welcome Tom to North Star  
neighborhood and the Sitka  
Pioneer Home family!*

*Welcome  
John 'Jack'  
Hermle*



John Francis Hermle, Jr. was born in Juneau, Alaska, on January 2, 1936 to John Hermle, Sr. and Helen Hegberg. John had had one sister, Jean Mitchel, who passed away in 2016. John visited her annually in Polson, Montana, for at least two weeks, but sometimes for months. He has six nieces and nephews who include: Dennis, Roger, Rick, BJ, Lori and Cindy. John graduated from Juneau Douglas High School in 1954. He attended Oregon State College and graduated in Business/Science in 1958. John worked for the State of Alaska in the Department of Labor, Department of Administration, and the Department of Education. He describes his work with the State as clerical; stating that he was just "another cog in the wheel". He was involved in the State's correspondence program when he worked for the Department of Education. John has also been a part of the Juneau Artist Gallery, known as "Jag", which is an artist coop. John loves photography and has a grand collection of slides. John also liked to travel around the United States and he also lived in New York City for about 5 years where he studied photography.

*We welcome Jack to Ocean View  
neighborhood and the Sitka  
Pioneer Home family!*

*Welcome  
Genevieve  
'Jennie'  
Hinch*



Genoeffa (Italian spelling of Genevieve) was born in Harrisburg, PA, on January 31, 1931, to John Miccila and Florencea Martone. She had three siblings; her eldest brother is deceased, Mike lives in Philadelphia, PA, and her sister, Elizabeth, lives in New Jersey. Jennie married Francis Hinch on September 8, 1956. Together they had one daughter, Mary Ann Hinch. Jennie moved to Fairbanks with her husband and daughter and ran an in-home daycare. Later they moved to Juneau where Jennie worked at Safeway for several years. Her daughter passed away in 2011 and her husband passed away in 2012. Jennie has a great sense of humor and extensive love for people. She enjoys groups, children, and babies. Jennie enjoys singing, dancing, and watching TV. She likes Family Feud, game shows, and mysteries.

*We welcome Jennie to R-House  
neighborhood and the Sitka  
Pioneer Home family!*

***Palo Alto Battlefield Presentation  
by Park Ranger Karen Weaver  
Wed. April 2, 2018 @ 1:30pm  
(Chapel)***

***Spring Art Walk***  
SPH Gift Shop is one of the stops!  
Bonnie Cotrell will play piano &  
refreshments will be served!  
*April 6, 2018 @ 5-8pm  
(Gift Shop and Main Lounge)*

***Games with Pacific High students***  
***Join students to play a game!***  
*Fri. April 13, 2018 @ 9:30am  
(Main Lounge)*

***Wearable Arts Screening***  
There will be a screening of the  
2018 Wearable Arts Show, with out-  
fits on display and snacks hosted by  
the Greater Sitka Arts Council.  
*Fri. April 20 @ 1:30pm  
(Chapel)*

***Day of Caring—Blatchley Middle  
School students show they care!***  
***They will help us make ‘Moose  
Munch’ trail mix and join us for  
exercise and music!***  
*April 20, 2018 @ 9:30am  
(Main Lounge)*



## **Mike Ito and Friends**

Mr. Mike Ito was  
born in 1947 in

Seijyo, Tokyo, Japan. Mr. Ito graduated from the Meiji University in 1970. He played banjo for a country music band at the University for 4 years. After he graduated, he left Japan for America. He stayed in California to find a job as musician, while he studied to play fiddle. In 1978, he was offered a job of entertainer of the Baldknobbers Jamboree Show of Branson, Missouri. He performed on the fiddle, banjo and flat mandolin, as well as singing for 37 years at the Baldknobbers Jamboree Show in Branson. He retired in 2016 and now he enjoys playing with many different groups in across the US, as well as in Japan. Mr. Ito has shared the stage with artists such as Buck Owens, Willie Nelson, Conway Twitty, Waylon Jennings, B.B. King and others. He was featured in a national radio commercial for Dr. Pepper and has made special appearances on the ABC Morning Show, CNN, Miss USA pageant, NBC, Texas State Fair, and many other radio, newspaper and magazine features in the U.S. and Japan. Mike Ito has performed at the Buck Owens Show, Cotton Bowl, Grapevine Opry, Johnny High Country Music Review and in Las Vegas as well as internationally in Canada, Japan and Saudi Arabia. He was invited to perform at President Reagan's reception ceremony and during President Bush's campaign stop in Branson. He is the author of the book "America Viewed through Music" published in Japan.

We look forward to meeting Mr. Ito and hearing his music at the Sitka Pioneer Home.

**Friday, April 6, 2018 @ 2:00pm  
in the Main Lounge**





# 2018 Rummage Sale!

**May 4, 2018 @ 9am-3pm &  
May 5, 2018 @ 9am-12pm  
In the Rec. Kitchen**

Anyone wishing to donate items to be sold  
please see Katie R or Skye W

## Mother's Day Garden Box Planting

Help plant the Front Porch Garden

It will be a diverse selection of edibles including herbs and vegetables. This variety of garden goodies will be fun to plant, grow and harvest from the comfort of our own front porch!

We will plant in the Main Lounge, then roll the garden out to the porch where it will benefit from the protection and warmth of the sunroom atmosphere while also getting fresh air.

When harvest time nears we will tour around the home to show how much everything grew!

Friday, May 11, at 1:30pm in the Main Lounge

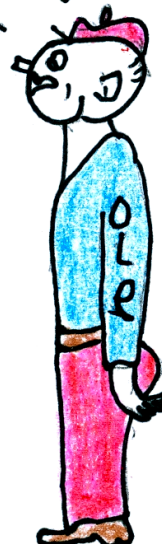
### The Brothers Snusgood

by, Galen Insteness

Why did the Norwegian wear two jackets while painting?



Because the directions on the paint can said 'put on two coats!'



# Thank You!!!

Greg put on a very nice demonstration of how to make scones. Greg also hosted an English High Tea with fancy treats, finger sandwiches and an assortment of beautiful china. Dayna donated a variety of special teas including locally harvested Labrador tea leaves. Thank you, Greg and Dayna!

Marge Ward donated a special print from her collection. The artist, Carl Kerr, was a very good friend of Marge, a long time Sitka resident, and he lived in the Sitka Pioneer Home. Thank you for sharing this painting; it will be treasured.



Julie Schmitts (piano), Ted Howard (Mandolin), and Lauren Wild (fiddle) entertained us with their lovely music and set the mood for our Rustic Western BBQ. Thank you for coming in to play for us!

Katsu made a special trip from New York to perform at the Sitka Pioneer Home! He did two lovely concerts for the residents and community members who attended. Thank you!

## Erma's Big Move

Erma (right) and Rolly share a snuggle as we joined to share our well wishes before Erma transferred to Juneau Pioneer Home.



We all miss you, Erma, and hope you are doing well!

With love,  
*Your Sitka  
Pioneer Home  
Family*

## Friends and furry companions are plentiful here!



# Friends





## Scone Demo



## English High Tea (with Judy's lovely Russian Samovar)



## Games with Pacific High Students







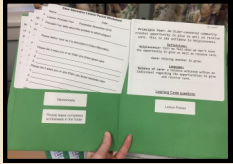
# Eden Alternative Journey

ALTERNATIVE®

Our Eden Alternative journey focus for April, May, and June...

## Principle Ten:

*Wise Leadership is the Lifeblood of any struggle against the three plagues. For it, there can be no substitute.*



**Look for the new lesson in the green folders on each neighborhood!**

Your input is valuable!

## Meetings:

Resident Meeting: Wednesday, April 11th @ 1:00pm

Certified Eden Associates: Friday, April 27th @ 10:00am

## Home-wide Eden Neighborhood Team Meeting:

Friday, April 6, 2018 @ 1:00pm in the Main Lounge

Agenda: Review Tiger's Whisker worksheets and introduce Principle Ten.

\*Look to the Certified Eden Associates for support: Dayna Arnold (CEE), Skye Workman (CEE), Patty Ady, Mona Allen, Shari Carroll, Chris Davison, Betty DeCicco, Dolores Doggett, Saori Handy, Kathy Inman, Rolly Jeske, Pat Kehoe-Pendell, Jill Kollerup, Minda Manuel, Lisa Partido, Grace Roller, Katy Rouse, Denise Salter, Sharon Stitz, Becky Tremain, Brian Weddel, & Fredi Young

## *Volunteer Luncheon!*

What a fun Pizza Party! We were so glad to spend this time with the volunteers. Those who didn't make it for the Pizza Party are welcome to join us another time, so come on by!





# The Fourth Annual **SPH Indoor Iditarod Relay Race**

The lead dog and musher start with their sled full of supplies...



...then they go around the loop stopping at checkpoints along the way. At each checkpoint there is a task. Bean bag toss (twice), roll the dice and answer a trivia question...

...For each point scored at a checkpoint they get to remove an item from their sled...



...Each team member takes a turn (which turns this race into a relay). They hand off the sled and a pair of mittens each time they finish a loop. Loops continue until all of the supplies are gone from the sled!



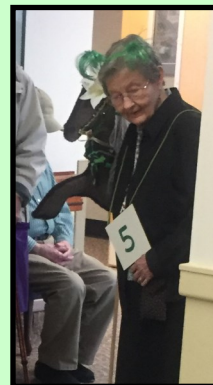
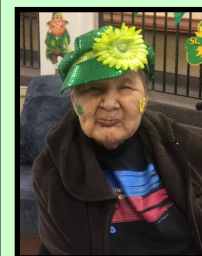
...the team with the fastest time wins! From left: 1st, 2nd and 3rd place winners!





# St. Patrick's Day Horse Race—Derby Day!

The festivities kick off with a betting booth...proceeds go to the winning team who will host a pizza party on their neighborhood! There are 5 horses in the race. Each horse represents one of the neighborhoods of the Home.



In winning order for 2018 (from left):

**WIN** North Star— 'Shamrock' (Jockey: Jean —Trainer: Chris)

**PLACE** Ocean View— 'Tillie' (Jockey: Sue —Trainer: Susie)

**SHOW** R-House— 'Sunny' (Jockey: Anna —Trainer: Jill)

Garden Park / Sunset View— 'Brown Beauty'

(Jockey: Fredi —Trainer: Becky)

Northern Lights— 'North'n Lightning'

(Jockey: Galen —Trainer: Rolly)



Audience participation is a huge part of this race; they roll the dice so the horses know how far to move along the track! Thank you to all the dice rollers!



# RUSTIC WESTERN



# DINNER



When you go to the Regional Basketball Tournament and run into some out-of-town family while you're there...



## **Resident Meeting Minutes *Wednesday, March. 7th 2018 @ 1:00pm (Main Lounge)***

### **Attending:**

Anna W, Ruth F, Betty D, Jean R, Brenda B, Melba V, Martha H, Dottie K, Galen I, Mary M, Sue H, Joe R, Bonnie S, Marge W, Vae B, Greg O, Kitchen Manager, and Skye W, RTI.

### **Food Forum:**

The crew is baking fresh breads daily. Okra and Hominy grits have been added to the menu cycle. English High Tea in main lounge is upcoming along with a scone baking demo prior to the event. Getting geared up for volunteer appreciation Pizza Party. We will serve corned beef and cabbage for St. Patrick's Day. Western BBQ menu is flank steak and BBQ chicken with corn on the cob, coleslaw, etc.

### **Old Business:**

March- Iditarod Relay Race (9th), Scone cooking demo (13th), English High Tea (14th), St. Patrick's Day Horse Race (16th), Rustic Western Dinner 23rd), Katsu Piano Concerts (28 & 29th).

April- Mike Ito and Friends (6th), Spring Art Walk (6th), Day of Caring Blatchley student volunteers (20th),

### **Agenda Items:**

New residents: Robert James, Dottie Olson, and Thomas Conley.

Discharges: Erma Norlund moved to Juneau Pioneer Home

Looking forward to having herring eggs when they come in.

### **New Business:**

Look forward to getting the Eden Warmth surveys as Activities staff hand them out in the next month.

### **Administrator's update:**

Dayna was not available to attend.


**Respectfully submitted, Skye Workman, Recreation Therapist I**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12:45pm Plano Music	2 8:00am Visits 10:45am Circle Time 11:00am Exercise	3 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	4 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music <small>1:30pm Palo Alto Presentation</small>	5 8:00am Visits 9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun	6 8:00am Visits 9:30am Games with Pacific High Students 11:00am Exercise 11:15am Old Favorites 1:00pm Eden Gathering 2:00pm Mike to 5 Friends 5:00pm Art Walk	7 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class Afternoon Activity to be announced
8 12:45pm Plano Music	9 8:00am Visits 10:45am Circle Time 11:00am Exercise	10 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	11 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music <small>1:00pm Resident Mtg</small>	12 8:00am Visits 9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun	13 8:00am Visits 9:30am Games with Pacific High Students 11:00am Exercise 11:15am Old Favorites 1:30pm Trivia	14 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class 1:00pm Ice Cream Social
15 12:45pm Plano Music	16 8:00am Visits 10:45am Circle Time 11:00am Exercise	17 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	18 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music <small>1:30pm Natural History Film</small>	19 8:00am Visits 9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun	20 8:00am Visits 9:30am-12:00pm Day of Caring (BMS student volunteers) 11:00am Exercise 11:15am Old Favorites 1:30pm Wearable Arts Screening	21 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class 1:30pm Singpiration
22 12:45pm Plano Music	23 8:00am Visits 10:45am Circle Time 11:00am Exercise	24 8:00am Visits 9:30am Nail Care w/Rolly 9:30am Ceramics	25 8:00am Visits 10:30am Protestant Service 11:15am Gospel Music	26 8:00am Visits 9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun	27 8:00am Visits 10:00am Eden Associates Meeting 11:00am Exercise 11:15am Old Favorites 1:30pm Home Happenings (Admission.. Professionals )	28 9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class Afternoon Activity to be announced
29 12:45pm Plano Music	30 8:00am Visits 10:45am Circle Time 11:00am Exercise					

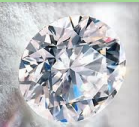


**APRIL 2018**



Flower:  
Sweet Pea

Birthstone:  
Diamond



\*Please contact the Activities Department if you would like a copy of our calendar!\* Note: Activities are subject to change