

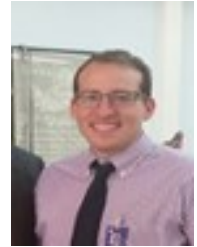
March
2018

Alaska Veterans and Pioneers Home



From our Administrator

The month of February is the shortest month of the year but don't tell that to the recreation department as we had not 1, not 2 but 3 Valentines Day's! All the events, including the festive meal on the 21st were very well attended and the kitchen outdid themselves with the dessert! The entertainment was a hit and clearly enjoyed by everyone.



Activities

March 1 @ 1:15
Shopping trip to Walmart

March 2 @ 6:00
Olga's students visit

March 11
Spring Forward

March 15 @ 1:15
Shopping Trip to Wasilla
Fred Meyer

March 17 @ 1:30
St. Patrick's Day Happy
Hour with Music by Dave

March 20 9:00-4:00
Book Fair

March 21 @ 5:00
Festive Meal with
entertainment by "Peas
and Carrots"

March 24 @ 1:30
Palmer Rotary Club An-
nual Birthday Party

March 26 Holiday
Seward's Day

March 29 @ 5:30
Trip to Glenn Massey
Theater for "Mary Pop-
pins"



Camaraderie. One of the benefits of being a veteran's home is the opportunity for camaraderie among the elders, we seem to have taken that a step farther beyond just friends and we now have 2 sets of brothers living among us. This has to be a record so thank you to the Antilla and Willis brothers for putting the 'family' in the home.

News around the home:

We are scheduled to receive a new fire panel this summer – always safety first

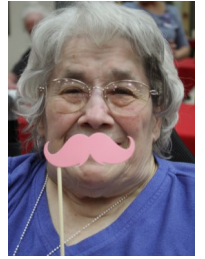
Plan ahead for a special meal on Easter Sunday, April 1st. The kitchen is preparing a special lunch that day, something that will be enjoyed by elders and visitors

The chair Yoga program has expanded due to popularity so my 'Coffee with Administrator' group will now be held on the third Tuesday of the month

The home passed the annual VA inspection with a perfect score, results of the survey are available at the front desk

Two of the most effective memory booster exercises are doing simple math in your head and identifying the name of a song. So the next time you have to do some figuring, skip the pencil and paper and give your brain a workout.

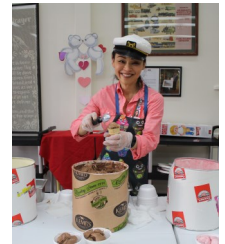
February Festive Meal



February's Festive Meal was a wonderful time to enjoy some delicious food and entertainment by "Dave Wintz and Friends"



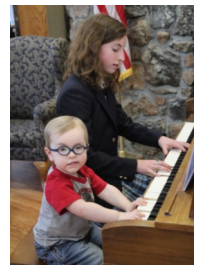
Valentine's Day Party



Residents enjoyed a Valentines Party during the Ice Cream Social with music by Tony Bucat.



Our Lady of The Valley School Visit



We are always so pleased to have school children come visit us. In February, the students from Our Lady of the Valley School came and sang for us. They then played games, read books and visited with our residents. They were a big hit.



Mat-Su Orchestra



Once again we were treated to a Mat-Su Orchestra performance for Valentine's Day.

Superbowl Party



We had two T.V.s going and lots of snacks ready for residents and guests to enjoy watching the Superbowl. What an exciting game it was too!

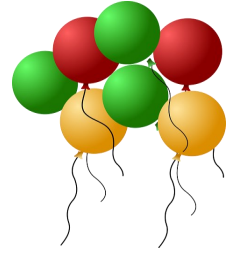
Olympics



Not only did the residents enjoy watching the Olympics this year, but they also participated in their own version of Olympics. Medals were won by some but everyone who participated had a fun time!



HAPPY BIRTHDAY



March Birthdays

Residents

3/04 Leonard Nugen

3/04 Stan Coleman

3/11 John Hard

3/16 Ronald Verke



Employees

3/01 Jared Ricker

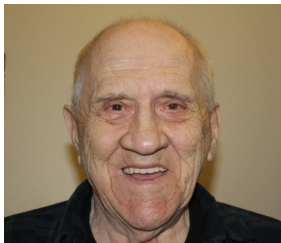
3/02 Paula Hunt

3/19 Amy Jeffery

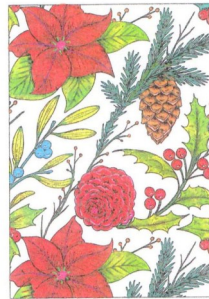
3/19 Joy Vanover

3/24 Samantha Carlton

New Resident



John Antilla



John A. Alaska

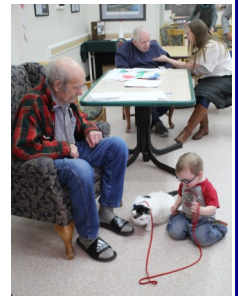
John Antilla won a coloring contest in a magazine for coloring this picture.

New Employees



**Sheila Longley
Food Services**

Pet Visits



Pets (visiting and resident) are an important part of life here.