

Alaska Psychiatric Institute Governing Body

October 2, 2024

Meeting Minutes

I. Introduction and Call to Order

Chair Elizabeth King called the meeting of the Alaska Psychiatric Institute Governing Body to order at 1:43 PM via Zoom and in person on October 2, 2024. Mission and Vision of API.

II. Welcome

Welcome Dr. Lisa Lindquist (Dr. Ellisaser replacement)

III. Introduction and Roll Call

Voting Members Present:

Elizabeth King, Alaska Hospital and Healthcare Association, *via In Person*
Ann Ringstad, NAMI Alaska (National Alliance on Mental Illness), *via In Person*
Summer LeFebvre, Alaska Behavioral Health Association, *via In Person*
Dr. Lisa Lindquist, ANHB representative on the board, *via In Person*

Present:

Kim Koval, Commissioner of Community and Family Services, *via Zoom*
Tracy Dompeling, Director of Department of Behavioral Health

Absent:

Katie Baldwin-Johnson, Alaska Mental Health Trust Authority (Trust meeting conflict)
James Savage, Alaska Mental Health Board/Advocacy Board on Alcohol Addiction
Clinton Lasley, Deputy Commissioner of Family Community, and Integrated Services
Dr. Robert Lawrence, Chief Medical Officer
Dr. Kristy Becker, Chief Clinical Officer

Visitors:

Dolly Lamont, Administrative Assistant 2, Administration *via In Person*

Guests:

Shana Cooper – MSW intern for Comm. Koval

API Staff Reporting:

Scott York, CEO, *via In Person*
Dr. Robert Long, Medical Director, *via In Person*
Catherine Polinsky (for Dr. Becker), *via In Person*
Christy Winn, QAPI Director, *via In Person*
Erica Steeves, Director of Nursing, *via In Person*
Dr. Christine Collins, Reporting, *via In Person*

IV. Review and Approval of the Agenda:

Review and approval of agenda, Katie moved to approve; Ann seconded. **Agenda approved.**

V. Review and approval of Minutes:

July 30, 2024, minutes were reviewed with edits needed. Ann Ringstad moved to approve the minutes as corrected, and Summer LeFebvre seconded. **Minutes approved with edits.** Unanimous approval. Minutes should reflect the following changes:

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Tracy Dompeling was present at last meeting

James Savage was absent

VI. Public Comment:

No Public Comments.

VII. New Business:

1. **Outpatient Restoration Initial Criteria vs. New Criteria:** Dr. Christine Collins
 - a. Overview of Outpatient programs – Hiland Mt. Correctional Facilities; screening from across the state
 - b. Men’s facility limited treatment capacity –
 - c. Outpatient program started screening at beginning of year. Significant limitation because of community location and criteria for patient conditions. There are currently 3 patients are working on outpatient restoration and one in progress, and they are hoping for 10 in their group. Maximum capacity is 10 in the program. They can also add a second staff member to increase enrollment. Hoping to use a forensic navigator (social worker) in the future.
 - d. Collaborating with community partners for outpatient commitments of civil patients.

2. **Strategic Planning Updates –** Scott York
 - a. Recruitment – 2 Psychiatrists considering positions (3 vacancies)
Nursing recruiter – salary steps may need legislative approval
 - b. SHARP – 3 RNs hired
Job Fairs are also being utilized
 - c. Travelers are creating a large budget hit

3. **Workplace Safety** Erica Steeves

Workplace safety committee in place and looking at tools to assess workplace ‘risk of violence’ violence and solutions. Looking at ‘best practices’ including Rutgers University and Columbia Tool. Working on a risk assessment matrix to implement at API. Categorizing patients, assessments, and outcome goals. How did we make a change? What was successful? How do we make sure all disciplines are represented? Are we capturing the subtle changes of a patient to provide them with support?

4. **Gold Standard Treatment** Catherine Polinski
 - a. Patients >90-day length of stay
Treatment mall – ‘Mega-mash’; religious services have returned to the hospital; looking for provider that can provide culturally relevant care specific to Alaska Native population; working on returning NA/AA meetings.
 - b. 34% of patients have a length of stay greater than 180 days (as of 9.23.24)

5. **Social Drivers of Health** Catherine Polinski
 - a. HRSN Screening – (Health Related Social Needs) to improve health care costs and outcomes screening tool implemented by January 1, 2025.
 - b. For CMS - STD/Infection (verbal) screening on every admission (2024 goal) (ages 18+) as a pilot to capture data.
 - c. 2025 goal – reducing BMRs (brief manual holds)

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6. Shortfall in Revenue

Scott York

- a. CMS reduced disproportionate share DSH allocations \$596.4
- b. Reduction on Medicaid claims - \$3,772.3
- c. Reduction in private collections \$2,203.0
- d. Increasing billing; three staff down
- e. Procurement will be doing an evaluation of outsourcing billing/coding services
- f. Coding services are contracted out – audit now ongoing

7. Medical Recruitment Status

Dr. Robert Long

- a. struggling with using contractors – good through winter for coverage and relying on two locums. Trend to outpatient discharges; looking at opening up an outpatient clinic in the future.

VIII. Old Business:

n/a

IX. Executive Session

n/a

X. Adjourned:

Elizabeth King called for adjournment. Ann Ringstad motion and it was seconded Summer LeFebvre. There was no further discussion. **The motion to adjourn** was passed with unanimous consent at 3:10 pm.

Next meeting: November 19, 2024