

Alaska Psychiatric Institute Governing Body

May 28, 2024

Meeting Minutes

I. Call to Order

Elizabeth called the meeting of the Alaska Psychiatric Institute Governing Body to order at 1:34 PM via Zoom and In Person on May 28, 2024. Mission and Vision of API.

II. Introduction and Roll Call

Voting Members Present:

Elizabeth King, *Alaska Hospital and Healthcare Association, via In Person*
Katie Baldwin Johnson, *Alaska Mental Health Trust Authority, via In Person*
Ann Ringstad, *National Alliance on Mental Illness (NAMI), via In Person*
Clinton Lasley, *Deputy Commissioner of Family Community, and Integrated Services, via Zoom*
Summer LeFebvre, *Alaska Behavioral Health Association, via In Person*
James Savage, *Alaska Mental Health Board/Advocacy Board on Alcohol Addiction*

Present:

Kim Kovol, *Commissioner of Community and Family Services, via In Person*

Absent:

Tracy Dompeling, *Director of Department of Behavioral Health*
Dr. Robert Lawrence, *Chief Medical Officer*
Dr. Rick Ellsasser, *Alaska Native Health Board (no longer on the Board)*
April Andrews, *Chief Financial Officer*

Visitors:

Christel Brito, *via In Person*
Blythe Barbo, *via In Person (interim executive administrative assistant)*

Guests:

Angela Walker, *Alaska Behavioral Health, via Zoom*

- Elizabeth King welcomed Angela Walker, Alaska Behavioral Health and a potential Governing Body member. Angela Walker provided a brief introduction of her State of Alaska service and behavioral health experience.
- Dr. Kristy Becker provided a brief introduction of Travis Welch, the Division Director with the Department of Corrections, who may be interested in becoming a Governing Body member. Elizabeth King will follow up with Travis Welch regarding his interest.

API Staff Reporting:

Scott York, *CEO, via In Person*
Kristy Becker, *Chief Clinical Officer, via In Person*
Erica Steeves, *Director of Nursing, via In Person*
Robert Long, *Medical Director, via In Person*
Christy Winn, *QAPI Director, via In Person*

III. Review and Approval of the Agenda:

Motion to approve agenda with no changes. Ann Ringstad motioned and Summer LeFebvre seconded. **Agenda approved.**

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IV. Review and approval of Minutes:

March 12, 2024, minutes were reviewed with no edits needed. Ann Ringstad moved to approve, and Summer LeFebvre seconded. **Minutes approved.** Unanimous approval.

Comment from Elizabeth King: changes have been implemented to streamline Governing Body meetings, making them more meaningful and efficient. Key adjustments include moving Public Comment to the beginning of the agenda, ensuring community input is heard upfront. This reorganization helps prioritize discussions, fosters better engagement, and optimizes the use of time for all participants.

V. Public Comment:

No Public Comments.

VI. New Business:

Introduction:

Monthly Operating Report (MOR):

- A. Length of Stay:
 1. Discussion on current patient demographics and strategies for assistance.
- B. OPCR Update:
 1. Outpatient Competency Restoration Report – Highland Mt. – DOD staffers can facilitate escorts. Assembly meeting on June 5 regarding the Fairview area. Chief Cross is on board per Commissioner Koval.
- C. QAPI:
 1. Christy Winn and Erica Steeves reported on treatment plans from education; all units trained, audits in progress. Treatment plans are currently documented in Meditech, but as we transition to Netsmart, our new EMR system, these plans will be implemented into Netsmart. This means that all the treatment plans we created and refined in Meditech will be transferred over and integrated into Netsmart. To facilitate this, we have contacted another hospital for insights and best practices.
 - a) S&R Goals: 86 incidents; need clearer definitions. Goal is to reduce restraints per case to zero. Data comparisons and contributing factors discussed.
 - b) 1:1 data: Evaluation of 'One to One' data; needs detailed calculation of hours devoted.
 - c) Workplace Safety: We reviewed data on types of assaults and unit-based aggression, discussing patterns and contributing factors. The Workplace Violence Committee has been restarted and is led by front-line staff. Their goal is to reduce the severity of these events by identifying and implementing best practices, supporting both patients and staff.
 - (1) DC Lasley emphasized the usefulness of year-over-year data comparisons and OSHA reports.
 - (2) Efforts to Decrease Assaults: The board requested more information on the specific measures API is taking to decrease assaults. This includes increased staff training, improved patient monitoring, implementation of de-escalation techniques, and enhanced security protocols.

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d) Social Drivers Screening Process:

- (1) API is aligning with new Medicare/Medicaid initiatives for standardization and accessibility improvements in screening processes.
- (2) The API Social Drivers of Health (SDOH) initiative is ahead in screening for STDs, following the State of Alaska's initiative.
- (3) API has been collecting SDOH data for many years, demonstrating a proactive approach even before the new initiatives were introduced.

D. Mega Mash questions:

1. Discussion on treatment styles between units and recreational activities.

E. Long term/Forensic patients:

1. Dr. Becker detailed the shift from Title 12 to Title 47 beds, reflecting the significant portion of API beds occupied over the past five years by forensic patients, including high representation of Alaska Native patients.
2. Discussion on legal challenges, bed allocation, and strategies other states use.
3. Discussed Barriers to Discharge and year-to-year trends.

VII. Old Business:

Strategic Planning:

Scott York presented strategic planning updates, mentioning demos to serve API.

VIII. Executive Session

No Executive Session.

IX. Adjourned:

Elizabeth King called for adjournment. Ann Ringstad motion and it was seconded Katie Baldwin Johnson. There was no further discussion. **The motion to adjourn** was passed with unanimous consent at 3:02 pm.